

## FRUITS & GRAINS

Pink grapefruit <i>(pb)</i>	3
Cereal <i>(v)</i>	3.5
Porridge <i>(v)</i>	5.5
Seed porridge, <i>banana, muscovado (v)</i>	6.5
Granola, <i>coconut yoghurt, honey (v)</i>	6.5
Greek yogurt, <i>Earl Grey prunes (v)</i>	7
Fruit salad <i>(pb)</i>	7.5

## EGGS

*(Burford Browns)*

Eggs any style on toast <i>(v)</i>	6
Boiled eggs, <i>buttered soldiers (v)</i>	6
Bacon and eggs	8
Egg white omelette <i>choice of: ham, cheese, mushroom, tomato or spinach</i>	8
Avocado on toast, <i>poached eggs (v)</i>	10
Eggs Florentine <i>(v)</i> , Benedict or Royale	11/12/13
Smoked salmon, <i>scrambled eggs</i>	13.5

## BAKERY

Muffin   Crumpets, preserves   Croissant Pain au chocolat   Pain aux raisin Townhouse biscuits	<i>all 3</i>
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Bakers basket	6
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## CLASSIC

Twice-smoked bacon sandwich, <i>brown sauce</i>	7.5
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Eggy bread, <i>blackberry</i>	7.5
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Lorne sausage, <i>tattie scones, fried egg</i>	9
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Grilled Manx kippers with butter	9.5
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Kedgerree	10
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Full vegetarian breakfast <i>(v)</i> <i>eggs any style, avocado, tomato, mushroom, spinach, beans, Sussex ricotta cheese, bubble and squeak</i>	12
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Half / Full English breakfast <i>eggs any style, sausages, bacon, tomato, beans, mushroom, black pudding</i>	9/14
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## SIDES

Sausage   Bacon   Tomato   Mushrooms Black pudding   Baked beans	<i>all 3.5</i>
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## SMOOTHIES

*all 7*

### GREENS & AVOCADO

Kale, avocado, kiwi, banana, spirulina, mint,  
lime, ginger, dates, coconut water

### BERRY & ACAI

Blackberries, raspberries, cherries, acai  
goji berries, banana, beetroot, coconut

### MANGO & TURMERIC

Mango, coconut milk, pineapple, avocado, dates,  
ginger, turmeric, black pepper

### COFFEE & BANANA

Espresso, cacao nibs, hemp seeds,  
banana, maca, dates

### CACAO & GINGER

Cacao powder, banana, dates, GF oats, avocado,  
baobab, ginger

*\*All smoothies are available with vegan protein upon request*

## COFFEE

*all 4*

Espresso | Macchiato | Americano | Flat White  
Latte | Cappuccino | Cortado | Mocha  
Hot Chocolate

Iced Americano | Iced Latte | Iced Mocha  
Bottleshot Cold Brew

Matcha Latte | Turmeric Latte

House Brew at 4 | House Brew for 2 at 6

*Milk Alternatives : Oat, Coconut, Soya*

## TEA

*all 4*

English Breakfast | Earl Grey | Darjeeling  
Fresh mint | Peppermint | Green | Chamomile  
Rooibos | Jasmine | Lapsang Souchong

PG Tips *2.5*

## FRESH JUICE

*all 4*

Orange | Grapefruit | Apple | Carrot

## KOMBUCHA

*all 4.5*

Original | Passionfruit | Ginger

*No flash photography in the restaurant. There is a discretionary service charge of 12.5% added to your bill. All above prices are inclusive of VAT. Please let us know if you have any allergies or dietary requirements. Our dishes are made here and may contain trace ingredients. Some dishes contain unpasteurised cheese. As we use wild fish, availability is subject to weather/market conditions, therefore shortages or substitutions may occur.*